

Youth2youth

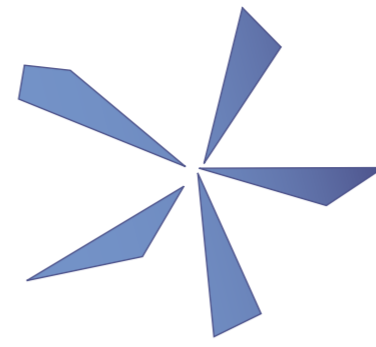
An interactive website for young people under 19
Website: www.youth2youth.co.uk

Kidscape

A charity providing practical advice on bullying.
Website: www.kidscapere.org.uk

Bullying Online

A website giving advice and information on bullying
Website: www.bullying.co.uk
Website: www.antibullying.net



Youngscot

An information website for young people in Scotland
Website: www.youngscot.org

Website: www.childline.org.uk

Tel: 0800 1111

Freephone National 24 hour Helpline providing a confidential
counselling service for young people.

Childline

Other useful contacts

Support and Information for Young Victims 

Crime and YOU



Victim Support Scotland values diversity and is committed to working towards equality in all aspects of the service.

We welcome feedback from service users.

Please contact us if you would like this document in Braille, large print, audiotape, computer format or a community language.

Victim Support Scotland, 15-23 Hardwell Close, Edinburgh EH8 9RX
Phone: 0131 668 4486 Fax: 0131 662 5400
E-mail: info@victimsupportsco.demon.co.uk
Website: www.victimsupport.org

You can contact us using Typetalk

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Patron HRH The Princess Royal

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This publication has been produced by



This leaflet gives you some of the facts about crime and tells you what to expect

Fact 1 It's not your fault

It's not your fault if another person commits a crime. It's their responsibility, not yours. Whatever you do, or wherever you go, you do not deserve to be hurt by someone else or to have something stolen.

There's no right way to feel

Everybody is different. You might feel sad, angry, scared, shocked, confused, guilty or none of these things.

However you show your feelings is fine. People show their feelings by crying, being angry, being quiet, going out, staying in, not sleeping, being hyper.

Fact 2



Fact 5 You don't have to report a crime if you don't want to

It's up to you whether or not to report a crime to the police.

You can ask Victim Support to tell you what might happen if you want to report the crime but we will support you whatever you decide.

You have rights

As a young person you have a right to information and to be taken seriously. We can tell you more about this.

Fact 6



There are many people who can help you

Fact 7

You can talk to us by phoning the number below. We can tell you about our services and about help for young people in your area.

Our service is free and confidential. This means that we will not pass on information about you to anyone else without you agreeing to this, unless the law says we have to.

Victim Support Scotland's National Helpline

Tel: 0845 603 9213
(Mon-Fri 9am-4.30pm)

Victim Support UK National Supportline

Tel: 0845 30 30 900
(Mon-Fri 9am-9pm),
(Weekends 9am-7pm),
(Bank holidays 9am-5pm)

Fact 3 It helps to talk about what's happened

Talking about what's happened will help you feel better. Speak to someone you trust like a parent or carer, a close friend, a teacher or an organisation like Victim Support Scotland.



Things will get better

Things will get better in time, but it may take some time.

Fact 4

